



## Swine Flu and going to school and work

### People who are ill

Those who are ill with swine flu should not attend work while ill. They can return to work when fully recovered.

### People who are well

Swine flu should not affect going to work, school and other activities for those who are well.

Those with underlying health problems are advised to work normally unless their work involved providing personal care to patients with swine flu. Exclusion of people with illness is the way in which such vulnerable people are protected from infection at work.

### Contacts of cases of flu

Those who have been in contact with cases of flu and are well fit into the same category as "People who are well" and have not been in contact with a person with swine flu. There is no restriction to activity for people who are well based on whom they have contacted.

A handwritten signature in black ink that reads "Noel McCarthy".

Dr Noel McCarthy  
Consultant in Communicable Disease Control